

Competitors at Cynosport who request to run without a mask must provide a negative Covid test result (taken within 72 hours of check-in, regardless of vaccine status).

Rapid, At-Home and PCR tests are all acceptable. Results should be provided at check-in as outlined below.

**A “Test Check” Table will be provided on the mezzanine during the following hours/days:**

Tuesday: 2:00-6:00pm

Wednesday: 7:00-8:00am, 12:00-2:00pm, 5:00-6:00pm

Thursday: 6:30-7:00am

**For competitors that choose to take a test in advance (such as a PCR test) that comes with results documentation, simply provide that documentation at the “Test Check” table.**

**For competitors that choose to take an at-home rapid test, there are two options.**

**IN ADVANCE** (Requires a cell phone or tablet that will **timestamp** your photo/video – all modern mobile devices have this capability):

1. Purchase your own rapid test and have your mobile phone or tablet ready.
2. When you are ready to test, take a “selfie” photo or video of you and the test before you take it.
3. Take the test.
4. Take a second “selfie” photo or video of you with the result.
5. Show the before and after photos at the “Test Check” table at check-in.

#### **AT CHECK-IN**

1. Purchase your own rapid test and bring the test with you to take on site.
2. Visit the “Test Check” table and let the staff member know that you are doing a rapid test.
3. Do the rapid test.
4. Return to the “Test Check” table to show your result and get your wristband.

Wrist-banded competitors may remove their mask prior to entering the competition ring and must “mask-up” prior to leaving the ring area.

Thank you for following this procedure.